

GOT Purpose?

PURPOSE noun \pě-r-pěs\
the feeling of being determined to do or achieve something;
the aim or goal of a person; what a person is trying to do or become

YOUR PATH TO Purpose

By talking about it and thinking about it, all of you are in the process of figuring out your Purpose – "...what you're trying to do or become."

Purpose will be your lifelong journey that's based on -

- what you are naturally good at and enjoy doing
- what you get excited about or care deeply about
- what fits with your personal values and ways you prefer to operate in the world

Over time, your Purpose will be fueled by your natural skills, passions and values. As a college student, your assignment is to work on identifying your Purpose so you can better target options for your career path, college courses and out-of-classroom experiences.

Activity



What do you love doing? What would you be happy to do for free?

What does "success" look like to you?

What are you really good at?

1 _____

2 _____

3 _____

4 _____

What is one word you'd use to describe yourself?

Why am I in college? What drives me to be in school?

What skills will I need beyond my college classes/degree? See pages 38-39 for examples of skills.

1 _____ 2 _____ 3 _____

4 _____ 5 _____ 6 _____

When I am finished with school what do I hope to do?

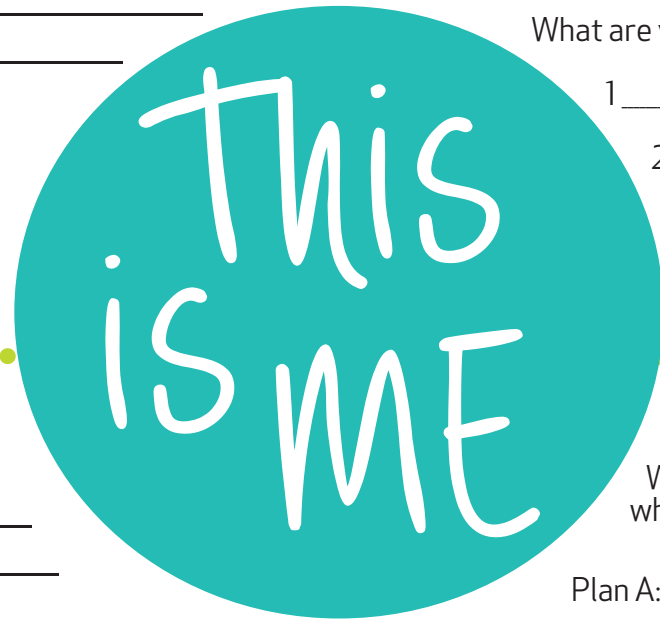
Plan A: _____

Plan B: _____

What are possible barriers between right now and my desired job/career? (Plan A)

1 _____

2 _____



ACTION PLAN: Your path to Purpose

✓ Getting to know yourself

- Reflect** ask yourself some basic questions to find deeper insights
- Evaluate** just write down what feels right to you (and not what others think...)

✓ Picking your major or confirming that you're in the right major!

- What sounds good for when you're all done with school? Explore career options on pages 18-19 & 24-27
- Major doesn't always = your career or job title. Learn more by turning to page 21
- Consider going to grad school? Find out more by turning to pages 22-23

✓ Get some experience outside of the classroom

- Test drive your options and develop skills through real world experience. Learn more by turning to pages 28-29