By talking about it and thinking about it, all of you are in the process of figuring out your Purpose – “…what you’re trying to do or become.”

Purpose will be your lifelong journey that’s based on -

• what you are naturally good at and enjoy doing
• what you get excited about or care deeply about
• what fits with your personal values and ways you prefer to operate in the world

Over time, your Purpose will be fueled by your natural skills, passions and values. As a college student, your assignment is to work on identifying your Purpose so you can better target options for your career path, college courses and out-of-classroom experiences.

**ACTION PLAN: Your path to Purpose**

1. **Getting to know yourself**
   - Reflect ask yourself some basic questions to find deeper insights
   - Evaluate just write down what feels right to you (and not what others think…)

2. **Picking your major** or confirming that you’re in the right major!
   - What sounds good for when you’re all done with school? Explore career options on pages 18-19 & 24-27
   - Major doesn’t always = your career or job title. Learn more by turning to page 21
   - Consider going to grad school? Find out more by turning to pages 22-23

3. **Get some experience outside of the classroom**
   - Test drive your options and develop skills through real world experience. Learn more by turning to pages 28-29

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**This is ME**

- What do you love doing? What would you be happy to do for free?
- What is one word you’d use to describe yourself?
- Why am I in college? What drives me to be in school?
- What skills will I need beyond my college classes/degree? See pages 38-39 for examples of skills.
- What does “success” look like to you?
- What are possible barriers between right now and my desired job/career? (Plan A)

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**Plan A:**

1. __________________________
2. __________________________
3. __________________________
4. __________________________

**Plan B:**

1. __________________________
2. __________________________
3. __________________________
4. __________________________