The focus of MSU's Career Services Network is to help you in developing a strong sense of purpose for your life. Research shows that when people have a strong sense of purpose in life, they tend to be more happy and successful.

**Purpose In college**

Purposeful young adults are more likely to:
- Achieve higher grades and test scores
- Engage in deep and meaningful learning
- Graduate from college
- Be psychologically (and physically) healthy

The evidence is clear: Purposeful young adults are more successful and satisfied in college, work, and life.

**Success After college**

Purposeful young adults are more likely to:
- Be satisfied in their life and work
- Experience more meaningful lives
- Be engaged at work/view their work as a calling
- Make more money

All four areas are critical to the exploration and development of your purpose!

**START BY CALIBRATING YOUR CAREER COMPASS**

1. Circle the words in each section of the compass that best represent you/are most important to you. Use the blanks in each section to add any words that aren't on the list.
2. Identify the 2–3 most important words from each section. Write these in the blanks of the circle section connected to each box of the compass.
3. Share your completed Career Compass with someone else (career advisor, academic advisor, friend, parent) for discussion. Write down corresponding majors and career to explore.